

New Millennium Fitness Pool Schedule: September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> Indicates additional charge 			1 *5:30-7am Masters 9am Aerobics- Brenda 10:15am Aquatone Women- Brenda 6pm Water Jogging- Kelly	2 10:30am Silver Splash- Susan 5pm Water Aerobics- Brenda 6-7:30pm Learn to Swim	3 *5:30-7am Masters 9:30am H2O Fitness- Alicia	4 8:30am Water Works- Brenda 10-2pm Family Swim 2-4pm Private Parties
5 1-5pm Family Swim	6 Labor Day No Classes	7 10:30am Silver Splash- Susan *6-7:30pm Learn to Swim	8 *5:30-7am Masters 9am Aerobics- Brenda 10:15am Aquatone Women- Brenda 6pm Water Jogging- Kelly	9 10:30am Silver Splash- Susan 5pm Water Aerobics- Brenda *6-7:30pm Learn to Swim	10 *5:30-7am Masters 9:30am H2O Fitness- Alicia	11 *9:30am Babies Swim 10 – 2 Family Swim 2-4pm Private Parties
12 1-5pm Family Swim	13 *5:30-7am Masters 9am Aerobics- Brenda 10:15am Aerobics Women- Brenda 7pm Water Works- Alicia	14 10:30am Silver Splash- Susan *6-7:30pm Learn to Swim	15 *5:30-7am Masters 9am Aerobics- Brenda 10:15am Aquatone Women- Brenda 6pm Water Jogging- Kelly	16 10:30am Silver Splash- Susan 5pm Water Aerobics- Brenda *6-7:30pm Learn to Swim	17 *5:30-7am Masters 9:30am H2O Fitness- Alicia	18 8:30am Water Works- Brenda 10-2pm Family Swim 2-4pm Private Parties
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26 1-5pm Family Swim	27 *5:30-7am Masters 9am Aerobics- Brenda 10:15am Aerobics Women- Brenda 7pm Water Alicia	28 10:30am Silver Splash- Susan *6-7:30pm Learn to Swim	29 *5:30-7am Masters 9am Aerobics- Brenda 10:15am Aquatone Women- Brenda 6pm Water Jogging- Kelly	30 10:30am Silver Splash- Susan 5pm Water Aerobics- Brenda *6-7:30pm Learn to Swim		